

The Tower Newsletter May 2024



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WORDS FROM REV. DR. JOHN C. LENTZ, JR.

Praise the Lord!
Praise the Lord from heaven!
Praise God in the heights!
Psalm 148:1

I love this time of year. The grass all of a sudden decides to get green and grow. The redbuds and pear trees and azaleas and all – follow the turn of the seasons and burst forth. I was taking my daily prayer walk in Forest Hill Park. The birds – so many birds – singing, talking and chittering and chattering away. It was stunning, wonderful, amazing.

Psalm 148:9 "Mountains and all hills, fruit trees and all cedars! Wild animals and all cattle, creeping things and flying birds!... Let them praise the name of the Lord, for God's name alone is exalted... Praise the Lord!"

Indeed, praise the Lord. It comes so naturally from flowers, trees and birds. I hope it comes naturally from us. Get out there and be amazed. Get lost in the wonder. Sing your song!

Pastor John

Transition Update

On Sunday, March 24th the Session met with Rev. Sharon Core (General Presbyter) and Rev. Arvid Whitmore (Committee on Ministry) to learn what the steps are in the search process for a new pastor. In some ways it is a bit daunting. Yet, with the help and guidance of the Presbytery and common sense, it will all work out.

Here are the next steps:



- 1. My last Sunday is on August 4. Rev. Sharon Core will preach on Aug. 11. Rev. Carol Wedell, Rev. Sally Wile and Jean Reinhold will preach the last two Sundays in August and the first Sunday in September.
- 2. Before then, the Session will call a Transitional (Interim) Pastor Nominating Committee. Working with the Presbytery, they will find a qualified pastor (probably from the Cleveland area) and make a recommendation to Session. Note: Finding a Transitional Pastor is an act of the Session not of the Congregation. A Transitional Pastor signs a contract for up to one year. Her or his job is to help the congregation get ready for the new called Pastor by listening and observing; guiding you into the next exciting stage. The hope is to have a Transitional Pastor beginning on our Kick-Off Sunday, September 8.
- 3. The Nominating Committee works to form a Pastoral Search Committee (or Pastoral

Nominating Committee). It is the hope of the Nominating Committee to find 7-9 persons who will say YES! to the awesome task of finding new pastoral leadership for Forest Hill.

4. After the Congregation approves the Pastoral Search Committee, the committee will complete a Mission Study, fill out all the forms describing our church, and release it all into the world – and the search begins.

Calling a new pastor will probably take about a year from the time the Search Committee begins its work.

It will all come to fruition when their candidate, who has been approved by the Presbytery, preaches at Forest Hill Church and the congregation votes. It will be one of the most wonderful days ever!

While the Search Committee has the awesome task of finding the new pastor, the rest of you have important work too. Keep coming to worship. Pray for the committee. Give generously and support the programs and mission and staff.

You are about to enter a Kairos time, an inbetween time, a creative and slightly chaotic time... God time. It is not empty time. It is certainly not time to step back and just wait.

Personal note: Deanne and I are planning a long trip through the US! What we do with Leo is still a bit of a concern. But all things will work out!

Grace and peace to you! John

FAMILY, YOUTH, AND CHILDREN MINISTRY

Members of the FHC Youth Group volunteered at the Cleveland Kids' Book Bank in April.



Pastor John led our teens' study of Paul's life and travels, and we read excerpts from his letters to early faith communities.





Our spring theme in Sunday School is "Caring for Creation." Each week, we're reading Psalms that praise God for the wonders of sky, water, land, animals, and plants. And we're thinking about ways we can care for the earth.







pastor, in the company of friends—no strings attached!

We hope you will join us.
Please RSVP here by May 28th:
https://fhc.breezechms.com/form/ef8455

Questions or more info needed? Contact Amy Wheatley, <u>ce@fhcpresb.org</u> Family, Youth, and Children's Ministry

CHRISTIANITY 101 FOR YOUNG ADULTS

(under 40-ish)
Sunday, June 2 and Sunday, June 9
11:15 a.m.-12:30 p.m.
(immediately after worship)

Lunch and Childcare provided

Rev. Lentz will lead two sessions for young adults (under 40-ish) who are interested in exploring Christianity, faith, and the church. What are you looking for in Christianity? What do you hope to find by becoming involved in a faith community? What are your questions, hesitations, concerns? What things draw you in or keep you at a distance?

We hope that this series will provide a safe, friendly space to share your experience, thoughts, and questions and to be in fellowship with others.

Whether you are a church member (long-time or brand new), someone who attends regularly but hasn't joined, or someone who has been visiting in order to "check us out"—you are welcome! Please note that this is not a membership class—it's a chance to explore Christianity, faith, and church with our



FHC MOMS' NIGHT OUT

For moms of children ages birth to 12 Friday, May 10th 5:30 p.m.-8:30 p.m. Shaker Hts.

(receive location info when you RSVP)

Enjoy a kid-free evening in the company of Forest Hill friends!

Please bring an appetizer or dessert to share.

RSVP by May 4th to Amy Wheatley, <u>ce@fhcpresb.org</u> Family, Youth, and Children's Ministry

Hope you'll join us!

REPORT ON SESSION RETREAT

A retreat for session, held on March 16, 2024, was facilitated by Elizabeth Hamilton, Holy Cow! Consultants. Prior to the retreat, Pastor Lentz and session elders had completed what is called a Focal PointsTM questionnaire to better understand session's top priorities, drivers of energy and satisfaction and level of effectiveness. The results of the questionnaire were reviewed during the retreat. These then became the basis of extensive discussion and work to define six core values, review congregational needs and discuss mission and vision in light of the transition that we will be walking through during the next several years. The end result was the development of a draft vision statement for session. Session will be working in the coming weeks and months to fine tune that vision and then begin to live into it.

Session Vision Statement

By 2027, Session will courageously embrace the transition by being:

Spiritually led,
More diverse,
Fully prepared to serve,
Living into individual gifts,
Connecting with and across ministries,
Communicating openly and effectively with
congregants as a Matthew 25 and Beloved
Community.

The complete report on the results of the retreat is here: https://fhcpresb.org/wp-content/uploads/2024/04/FHC-Session-Retreat-Report-v2.pdf

FHC'S GOT TALENT

Sunday, June 2, in Fellowship Hall 5:00 p.m.-7:00 p.m.

Join us for an evening of fun and fellowship hosted by the Music Ministry!

There will be a potluck dinner and talent show. We will provide pizza. Please bring a side dish or dessert to share!

Share your talents with your church family! (Or just come and enjoy dinner and the show.)

Entertain us with songs, instruments, comedy, magic, skits, dance... All talents (hidden and not-so-hidden) are welcome! Individuals, families, and groups are all invited to perform. Invite your friends!

Register by May 29 to perform and/or attend here: https://fhc.breezechms.com/form/TalentShow2024

If you have questions, please contact Ying, music@fhcpresb.org.



ADULT SPIRITUAL GROWTH (ASG)

Seeking Facilitators for Bible Fellowship

Community building and small group development is important to the congregation. Bible study is a good way to meet that need. Yet, as society has changed, the Ministry of Adult Spiritual Growth recognizes it must adapt. Thus, our vision is to develop Bible Fellowship over several days of the week – morning, afternoon, or evening, in person or by Zoom – to allow for scriptural study and community building.

To do so, we need facilitators to carry out our vision. We are looking for people of all ages. ASG will provide training. Pray, listen to God's voice and step out in faith by signing up at the following Breeze link to become a facilitator: https://fhc.breezechms.com/form/882f52



Contemplative Practice
May 19, 9:30-10:15 a.m. in Bodwell Hall
Walk the Labyrinth. Come join us in this
quieting and moving shared experience.

Bible Study on Sabbath Rest Sundays, 9:15-10:15 a.m., in South Hall through May 12

May 5 May 12 Mark 2:23-28 Luke 13:10-17 Matthew 12:9-14 Ephesians 2:2-10

Come and explore God's gift of Sabbath rest. Drop-ins welcome!

Linger a While Sunday, May 5, in South Hall after the worship service

Linger a While with Ron Register to discuss the topic of "walking with the poor." Let's consider ways to really make a difference in relationship with people experiencing economic hardship. Ron will begin the conversation with us from his life experience including working with unhoused persons at Lutheran Metropolitan Ministries.

WORSHIP

If you are interested in being a lay reader for worship, please contact Linda Martin at martin3386@ameritech.net or (216) 280-4049. If you wish to assist in serving communion, contact Jeanette Nemcek at jet0830@aol.com or (216) 789-6740.

If you would like to contribute flowers for Sunday worship, please <u>click here for the</u> form.

Lay Readers for May

May 5: Karen Loughridge

May 12: Deanne Lentz

May 19: Charity Stock

May 26: Diana Woodbridge



GREATER CLEVELAND CONGREGATIONS (GCC)



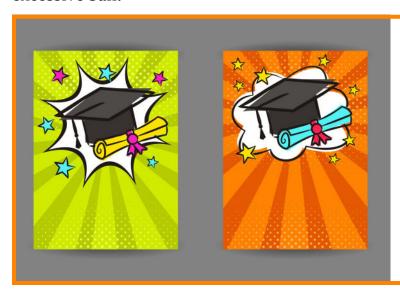
Jail Before Trial – We Can Do Better: A Forum to Reduce Jail Before Trial Tuesday, May 7, at 7:00 p.m. at Olivet Institutional Baptist Church

On Tuesday, May 7 at 7 PM, Greater Cleveland Congregations will have a public hearing at Olivet Institutional Baptist Church in Cleveland. The purpose of the public hearing is to educate on the issue of pre-trial incarceration and the impact of jailing those who are accused of non-violent crimes and too poor to afford cash bail or sent to jail for primarily mental health and/or addiction issues. There are significant and long lasting financial, psychological and emotional consequences to being jailed before trial even for those found not guilty of charges. GCC believes that jail before trial violates the rule of law - the presumption of innocence and the constitution's prohibition against excessive bail.

Why Should You Attend this Public Hearing?

- You will join other GCC and community members in publicly calling for a more just and effective pretrial system – to reduce jail before trial.
- You will hear how the pretrial process currently works in our County - and its costly impacts.
- You will learn research-based, datadriven best practices for pretrial services and where they have been used successfully – reducing unfair jail before trial.
- You will learn how we can do better!

FHC has committed to the attendance of 45 individuals at this meeting. We encourage you to attend this important hearing. Carpooling from the church will be available. If you are interested in attending, please contact Nonie Stack via email – aestack@roadrunner.com, or phone 216-402-2479 and indicate whether or not you wish to carpool. The FHC Core Committee will also be available to sign up people before and after church services, and to answer questions you may have. We hope to see you there!



CELEBRATING GRADUATES

On Sunday, June 2, we will celebrate those in our church family who are graduating this spring. If you or a family member would like to be included in our recognition, please complete this form by May 19: https://fhc.breezechms.com/form/9a5b6956

Contact Amy Wheatley, <u>ce@fhcpresb.org</u>, for more info.

CREATING RACIAL EQUITY

Creating Racial Equity Team Completes Work and Establishes an Ongoing Direction

In 2019, an in-depth Racial Equity survey was taken by church members and active participants in the life of the church. As a result of this survey, the Creating Racial Equity Committee was created to support each of the church's ministries in implementing the survey team recommendations and in measuring the church's progress on the recommendations.

The Creating Racial Equity Committee has now completed its work! Session has both accepted the committee's final report/recommendations and plans in 2024 to follow the committee's recommended framework to support the Church's ongoing racial equity improvement process.

Some highlights of specific actions and recommendations initiated by the committee are:

- Each ministry at Forest Hill Church (FHC) has refined its mission statement to support diversity, equity and inclusion of all people.
- Each Forest Hill Church ministry has been provided with a binder which will serve to provide clear and concise explanations of the purpose of each ministry and to improve access to leadership positions for new or marginalized people in our congregation by communicating some of the otherwise "hidden rules" as to how the church operates
- Racial equity audits were conducted in seven specific areas (Procurement,

Community Grants, Staff Compensation, Human Resource Policies & Practices, Lay Leadership, Website communications and the Church Mission, Vision and Guiding Principles). The audits resulted in 52 recommendations, all of which have either been completed or are planned to be completed. For example, Trustees have already completed several of the audit recommendations that will result in increased levels of purchasing minority-owned businesses, and the Personnel Committee will be investigating use of training and tools that can reduce the potential for bias in creation of job requirements and evaluation of candidates.

Additionally, in 2024, Session plans to use the framework outlined in the committee's final report to support the ongoing racial equity improvement process at Forest Hill Church. Using this framework:

- Each church ministry will create and review with Session racial equity improvement plans for the year. These plans would include any programs, actions and completion of audit recommendations that are planned to support racial equity improvement as well as any planned metric targets to be achieved.
- Session will sponsor an event where Ministries can present and congregation participants can provide feedback on these plans.
- Near the end of the year, each church ministry will report on the progress achieved during the year

The Creating Racial Equity Committee Members believe the work outlined above has and will support Forest Hill Church in its journey to becoming the Beloved Community!

The following people were the members of the Creating Racial Equity Committee: Leslie Clement (Co-Leader), Marcie Denton (Co-leader), Mary Ball, Scott Lafferty, Julie Lustic, Rachel Martinez-Finn, Lia Clement (Co-Leader), Mark Wedell (Co-Leader), Robyn Hales, Karen Loughridge, Jeff Smith, Quentin Smith and Lisa Vahey.

Further details on the committee's work can be accessed in the <u>"Resources" section of the Forest Hill Church website</u>:

- A summary of the final Committee report is located in the website resource called, "Creating Racial Equity Report Summary"
- The revised mission statements of each ministry are listed in the website resource called "Creating Racial Equity Ministry Mission Statements"
- A list of recommendations for the content and use of the Ministry binders is included in the website resource called "Creating Racial Equity Ministry Binder Recommended Content and Use"
- The list of 52 Audit recommendations and their implementation status as of November 2023 is listed in a website resource called "Creating Racial Equity Audit Recommendations"

RACIAL EQUITY BOOK CLUB

Saturday, June 8, 10:30 a.m.-12:00 p.m. via Zoom

You Sound Like A White Girl: The Case for Rejecting Assimilation by Julissa Arce

This is an important book that challenges the idea of American exceptionalism with equal parts passion, fury, intimacy, and ignored history. Arce celebrates the Mexican American immigrant experience in all its vibrancy and nuance while fearlessly naming the pain inflicted by American racism, ethnocentrism, and xenophobia.

Persons interested in reading and discussing books that further individual and collective knowledge about racial equity issues are invited to join the discussions. For more information, or the Zoom links, email racialequitybuddies@fhcpresb.org.

The First Congregational Church of Hudson (UCC) and the Ministry of Adult Spiritual Growth of Forest Hill Church, Presbyterian are sponsors of the equity book club and racial equity buddies program.



JUSTICE MINISTRY

Community Grants

In 2023, the Justice Ministry revised community grants and that process will continue in 2024. We are asking Forest Hill Church members to nominate organizations to receive Community Grant funding. There are 3 levels of funding (\$500, \$1000 and \$3000), and we anticipate that close to \$28,000 in grant funds will be distributed.

To nominate a nonprofit organization for funding through the Forest Hill Church Community Grants, please complete the form at this link. Nominations must be submitted by Friday, June 7, 2024.

FHC members who nominate an organization to receive support must be sure to discuss this nomination with the organization prior to submitting this form. Please note that no member may nominate an organization at which they or a family member are employed. FHC Community Grant reviewers may nominate an organization, but they must recuse themselves from discussion or decision-making about that nomination. These grants may be for general operating or a specific project or activity.

We anticipate that organizations that are nominated will be shared on our website and through other communication methods, so we can grow our knowledge about the wonderful work happening in our communities. We anticipate that organizations that receive a grant will share their work with us in other ways, as well—perhaps via a visit, a brief report, a Zoom learning opportunity or other structures to help us learn from the grantees and their work.



The Justice Ministry sends a huge and heartfelt

THANK YOU to everyone in the Ministry of Family, Youth, and Children

Your creative, loving programming makes the smallest among us a welcome and essential part of our Beloved Community. And your outreach—collecting socks, working the Food Pantry and volunteering at the Book Bank—is inspiring.

Many, many thanks for your caring service.

"Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me." Mark 9:37



- Check your community for hazardous/ solvent/paint central collection days
- Refill your Yeti or other water container from a tap
- Use reusable bags when shopping for groceries and other retail items
- If you need a new appliance, make sure it is Energy Star rated
- Support local food farmers' markets

Dave Neff, Earth Care Leader

EARTH CARE CONGREGATIONS

ECO REMINDERS

As we move forward from the dark, dank days of winter into breezy spring and warm, sunny summer, here are some reminders for all ecologically-minded Earth Care Forest Hillians:

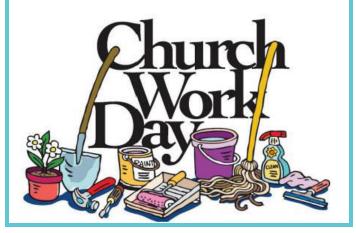
- Turn down the thermostat and turn off the air conditioner as much as possible!
- You don't need a long, hot shower anymore to get warm!
- Time for keeping clean water in your birdbaths
- Be judicious in outdoor water sprinkling usage
- Minimize use of pesticides/insecticides, fertilizers
- Plant pollinator-friendly plants and flowers
- Avoid soil erosion and water run-off.
 Make dams/canals in garden areas
- Compost your discarded organic food scraps and when decomposed, reuse
- Combine errands to minimize auto trips
- Reduce, reuse, recycle! Return plastic bags, wrappers to a collection bin

CHURCH WORK DAY

Saturday, May 11, 8:00 a.m.-12:00 p.m.

Many hands are needed for various tasks including: switching storms and screens, washing glass, gardening, painting and just getting organized. There's plenty to do inside if it rains—outside tasks will be rescheduled. Enjoy a cup of coffee and a pastry and then get to work! Meet new people, learn a new skill. Assignments for all ages. Childcare provided.

Contact Jeff Smith at <u>jeffsmith2756@gmail.</u> com to volunteer or get more information.



DEACONS

As members of the Beloved Community, we have all been placed in Care Groups with a Deacon assigned to each group. First, if you have any cares or concerns, we want you to know that Deacons are available to facilitate needed meals, prayer requests and fellowship. Next, each Care Group has the opportunity to assist with coffee hour after Sunday services. Your Deacon will reach out to you the month your group has been assigned.

We strongly encourage you to join us in Fellowship Hall after the service on Sundays. It is a great way to share our stories, get to know each other, and enjoy some refreshment!

Below is a list of Deacons and Care Group month assignments.

April: EDEN—Deanne Lentz

May: NAZARETH—Nathaniel Martin

June: JORDAN—John Dugard July: JERUSALEM—Gail Larson

August: MT SINAI—Consuelo Heineman September: CORINTH—Peg Weissbrod October: CALVARY—Kemp Jaycox and Kay Dunlap

November: CANAAN—Julie Lustic

December: BETHLEHEM—Karen Loughridge

Please call the church office to report an illness, hospitalization, family emergency, birth or death. Information will be passed on to the head of the Deacons, Susan Kay Dunlap (susandnlp@gmail.com or deacons@fhcpresb.org).

PACESETTERS

Karaoke Party Saturday, May 18, 7:00 p.m.-10:00 p.m.

Hosted by Consuelo and Roger Heineman 2446 Kenilworth Rd. Cleveland Heights, Ohio 44106 (Park on the north side of the Kenilworth/ Derbyshire curve, opposite the house)

We will provide snacks and 52 song options!

You may bring your favorite beverage or snack, if you like, and your best or worst singing voice! We will sing the evening away with karaoke!

Please RSVP by Wednesday, May 15, 2024, to Roger at 216-440-0913 (call or text) or rogedoge@aol.com, or speak to the Heinemans at church.



STEWARDSHIP

Looking Toward Each Other

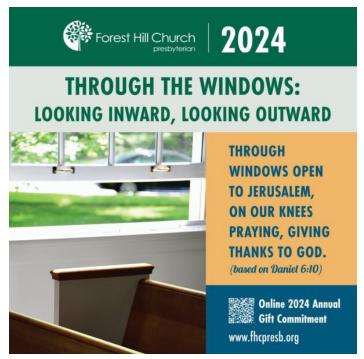
The congregation is abuzz with activities, as is the church building. It's wonderful to see so many of the plans described in the 2024 Narrative Budget brochure coming into view. Even some of the "What If" visions that the ministries described seem attainable. Opportunities for fellowship abound, and we are indeed turning toward each other in new and wonderful ways.

We'd like to once again draw your attention to one way to get to know your fellow "Forest Hillians" better: the testimonial videos posted on our web site and on YouTube. A new crop of videos is in the offing. We'll send weekly reminders when new faces appear. In the

meantime, use this link or the QR code to visit the landing page for all the videos. The more we know and understand each other and why we have made Forest Hill our spiritual

home, the stronger we all will be together.

Speaking of strong, would you like to join a small but mighty band of folks who work together well and efficiently and hold each other dear in the process? Come serve on



Stewardship with us for the coming year!

And, if you haven't yet had a chance to submit your commitment form for 2024, you can return the envelope that came in that mailing or <u>click here</u> to submit your form electronically.

We are, as always, honored to work alongside you,

Keith Logan, Elder

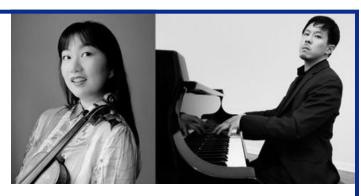
(stewardship@fhcpresb.org)

Kim Hill, Jenny Himmelman, and Peter Williams, Elected Leaders

SPLENDID SOUNDS: AMERICAN VIGNETTES

Sunday, May 5, 3:00 p.m.

Join us for an afternoon of "Splendid Sounds: American Vignettes" featuring Ann Yu (violin) and Irwin Shung (piano) celebrating Forest



Hill Church's new piano! The hour-long concert will feature pieces by George Gershwin, Amy Beach, Florence Price, Samuel Barber, and Caroline Shaw. The concert is free but we gratefully accept freewill offerings for Friends of Music. Reception to follow.

ADOPT A GARDEN

Jim and Pat Seeders volunteered to maintain the gardens around the church 15 years ago. Although they performed the job with love, it is getting to be too much work for them. Like John, they are ready for retirement. Thanks, Jim and Pat, for your years of service and keeping the gardens beautiful!

We are proposing an "Adopt a Garden" program to maintain the gardens at the church. We have divided the major garden spaces into 4 groups:

- 1. The courtyard garden between the two lobby doors
- 2. The multiple garden spaces around the courtyard and employee parking lot including the garden west of the rear portico (6 smaller locations)
- 3. The prayer garden on the Monticello side of the building
- 4. The front gardens (around the front sign and both sides of the front entrance)

Julie and I have already started and will continue to maintain the front gardens and would like to have two more people to help us. We are looking to have 3 more groups of at least 4 people pick from the other 3 remaining gardens above. Enlist your friends, care group members or pick somebody you would like to get to know better. Gardening can be therapeutic and you can learn a lot about your fellow gardeners and gardening

by working together. It's kind of like sharing a meal together except you get your hands dirty. You can do the work on your schedule.

Responsibilities include:

- Clean out and prune your garden in the spring. This may entail having your entire group show up together. If you could get your area cleaned out before spring cleanup day, we could schedule the Boy Scout Troop to spread mulch.
- We would like you to work your garden twice per month; weeding and keeping things trimmed. If you have a group of 4 you could have 2 people work one time each month.
- Some areas might have large pots which could be planted with annuals in the late spring.
- Clean out and prune your garden in the fall. Again, scheduling your entire group would make this manageable.

The church will budget for all supplies: mulch, yard bags and any plant materials. We recommend bringing your own garden tools.

Pat and Jim could be available as advisors.

If you are interested in participating in this program please contact me and let me know what garden you are interested in supporting.

If you want to submit a whole gardening team to support a garden that would be a green thumbs up.

If you have any questions call or text me.

Gary Lustic 216-371-2084 galustic@gmail.com

NOMINATING

It is that time of year! Time for the Nominating Committee to begin the process of nominating Elders, Deacons, Trustees and members of the various ministries. <u>Click here</u> for a brief description of what each Ministry does.

Elders and Deacons are ordained officers of the church. Elders and Deacons serve three-year terms. Elders and Deacons must be Active Members of Forest Hill Church. As an Elder you commit to two meetings a month; one with your Ministry and one with the Session. The role of the Elder is to discern God's direction for Forest Hill Church at this time. As an Elder you will take a leadership role in one of the ministries. This is a high commitment role but the rewards are high as well, as you build deep relationships, and deepen your faith.

A Deacon serves the needs of the congregation. Two of the Deacons are Elders.

You do not need to be an Active Member to serve on one of the ministries. If you would like to be considered for one of the positions, or want to recommend someone, let John or a member of the Nominating Committee know.

The members of the Nominating Committee for 2024 are: Jeff Smith, Pat Jenkins, Adam Majot, Ron Polderman, Sonji Kenyetta and Barb Hansen.

Before too long the Nominating Committee will need to find Active Members who will be willing to serve on the Pastoral Search Committee to find the new pastor or pastors. This is, at least, a yearlong commitment; but it is one of the most exciting and satisfying experiences you will ever have as a member of the church.

SOFTBALL

Softball season is back!

Forest Hill softball season is right around the corner. Anyone 16 years of age and older wishing to join the team, please complete the sign-up form here.

Games are played from the Sunday before Memorial Day to the Sunday before Labor Day on Sundays at 3 or 6 pm at Forest Hill Park. All are welcome.



BUILDING RENTAL

Hold your special event at FHC!

Did you know the church is available for your next baby shower, family celebration, concert or conference? The fees are very reasonable. Fellowship Hall seats 200, and there are smaller spaces available as well. There are two kitchens, custodial help and free parking! The possibilities for your party planning are endless. Fees adjust for members and non-members.

Contact Laura Schultz for more information or fill out the request form here: https://fhc.breezechms.com/form/9894b2.

MEMOIR BY KEMP JAYCOX

A Race Against Time

Volunteers make a huge difference in the ability of the Accelerated Cure Project for Multiple Sclerosis (ACP) to accelerate and advance MS research. They help us in a variety of roles, from office work to fundraising. Kemp Jaycox has organized many fundraising events in support of ACP over the past two decades, raising close to \$60,000. He recently published his memoir, *A Race Against Time*, and the proceeds are split between the ACP and the endowment fund that was set up at the church in his name. Kemp hopes that his



Kate, Kemp, and Cindy on Cape Cod

life story can inspire others to find resilience and purpose to help them face any challenges they may encounter. <u>Read more at this link.</u>



KEMP JAYCOX GARDEN DEDICATION

You are invited to attend a brief dedication of the Kemp Jaycox Sustainability Garden on Sunday, May 19 immediately after service. Last fall Julie and Gary Lustic planted well over 100 native plants in the garden bed out front where the Forest Hill Church sign is located. Despite his ongoing struggles with multiple sclerosis, Kemp remains an active advocate for environmental sustainability. A sign will be placed in the garden to honor Kemp and his leadership. And, bonus!, there is a really good chance Kemp will be with us for this ceremony. Hope you can make it!

BIRTHDAYS

May 1 - Julie Gran	May 11 - Julie Lustic	May 21 - Anna Brock
May 4 - Marjorie Ravas	May 12 - Clarence Boyd	May 21 - Melody Obery
May 5 - Juliann Ely	May 13 - Jennifer Blakeney	May 23 - Ronald Zimmerman
May 6 - John Dugard, Jr.	May 16 - Jane Olson	May 24 - Cheryl Anderson
May 6 - Angela Oetama-Paul	May 17 - Gail Larson	May 26 - Monita Franklin
May 9 - Jeff Dyck	May 19 - Kris Fay	May 27 - Gary Sampson
May 10 - Kathryn Hanna-	May 19 - Thomas Zych	May 28 - Joan Bacon
Stauffer	May 20 - Isaac Ampong	May 28 - Marina Grant
May 11 - Elsie Boyd	May 20 - Keyin Stauffer	

CALENDAR

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:00 pm - Personnel Committee	2	3	9:00 am - Boys to Men Summit
5 9:15 am - Bible Study on Sabbath Rest 12:15 pm - Linger a While 3:00 pm - "Splendid Sounds: American Vignettes" concert	6	7	8 5:00 pm - Eastside Citizens Empowerment Foundation Meeting 7:00 pm - Ministry Meetings	9 7:00 pm - Forest Hills Homeowners Association Meeting	10	11 8:00 am - Church Work Day
Mother's Day 9:15 am - Bible Study on Sabbath Rest	13	14 7:00 pm - Church Growth Meeting	15	16 5:30 pm - Finance Committee Meeting	17	18 3:00 pm - Cher Liu Student Recital
19 Pentecost 9:15 am - Contemplative Practices 12:15 pm - Kemp Jaycox Garden Dedication 1:00 pm - Ann Marie Falcone Student Recital 6:30 pm - Scottish Country Dance	20	21 5:30 pm - Nazareth Care Group Potluck	7:00 pm - Session Meeting	23	24 10:00 am - Excell Graduation	25 11:00 am - Misch Baby Shower
26 Labre Ministry at North Church	27 Memorial Day - Office Closed	28	29	30 5:45 pm - Excell Parents Meeting	31	
Regularly scheduled events meet every week unless noted	8:00 am - Bulletin and email deadline 6:00 pm - AA: Progress Not Perfection 7:00 pm - Al- Anon: Now There's Hope 7:30 pm - AA: Borton Group	10:30 am - Abundance Food Pantry	7:30 am - Bible & Bagels (virtual) 12:00 pm - Staff Meeting - AA: Wed. Women's Group 6:00 pm - AA: Four Absolutes	1:00 pm - English Country Dance 6:00 pm - Bell Choir Rehearsal 7:30 pm - Chancel Choir Rehearsal - Boy Scouts	9:30 am - Al- Anon: Hand in Hand 5:00 pm - Praying with Others 6:30 pm - Scottish Country Dance	

CONTACT INFORMATION

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Deadline for the June Tower: 9:00 a.m. on May 16, 2024 Deadline for The Week Ahead email: 9:00 a.m. every Monday

Giving Options

Friends of FHC, you may give monetary gifts or donations by texting 216-400-5300, or see the online giving options at fhcpresb.org/give. You may also mail a check to the church bookkeeper (3031 Monticello Blvd., Cleveland Heights, Ohio 44118).